

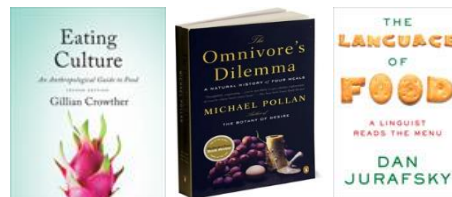
Anthropology of Food Week 5

[🔗](#) = leave page



[Syllabus](#) [🔗](#)

[Calendar](#) [🔗](#)



What's Happening this Week

REM: [Main Due Dates](#) [🔗](#)

LAST CALL: If you have not yet submitted a Final Exam Question, please do that *today* . . .

1. General Comments for the Week

We begin our focus on Food and Culture this week by looking at food as medicine, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison that we'll continue next week. See details on the comparison with this week's "Video Explorations".

(REM: comparative methods are a fundamental feature of Anthropology).

Food and Religion

(Intro.)

2. Live Chat: Midterm / Open Forum / Office

Hours

[Contact Information](#)

Tuesday, 29 September 2020 @ 7:00-8:00 p.m. (CDT)

“ZOOM”

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



3. Video Explorations

Real People . . . Real Places . . .

[Videos for the Semester](#)

Taste of China, Part 2,

▶ "Food for Body and Spirit"

(29 min, 1984)

Online Access

[click ↑ here]

(use with [VPN](#) if you need to)

[course viewing guide](#)



"Extreme Cuisine"

Short Video clips

[click [↑ here](#)]

4. This Week's Slides

[Class Slides for the Semester](#)



Catch up on slides for Midterm Exam . . .

“Orientation”

(.pptx) [↗](#)

“Main Characteristics of Anthropology”

(.pptx) [↗](#)

“Other Important Terms”

(.pptx) [↗](#)

“Units of Analysis”

(.pptx) [↗](#)

“Units of Analysis”

(.pptx) [↗](#)

[click [↑ here](#)]

5. Readings for the Week

[Readings for the Semester](#)

[Textbooks](#)

6. Other Assignment Information

[Main Due Dates](#) [↗](#)

[Calendar](#) [↗](#)

Week 5 Calendar



Catch Up

Midterm Exam Next Week

After the Exam

Food and Culture

Discussion

Anthropophagy

For Fun Trivia

**“If you had to eat a human to survive,
which body part should you pick first?”**

“What religious food prohibitions do Buddhists have?”

For other optional items for the week check **“Calendar”** [↗](#) or **“Syllabus”** [↗](#)

Questions? Comments?

1. General Comments for the Week

We begin our focus on Food and Culture this week by looking at food as medicine, and how food amongst traditional Chinese Buddhists unites families. It's part of a comparison that we'll continue next week. See details on the comparison with this week's "Video Explorations".

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Food and Religion (Intro.)

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Tuesday, 29 September 2020 @ 7:00-8:00 p.m. (CDT)

"ZOOM"

[click ↑ here]

OR

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional. Transcripts of the discussions will be available in your Chat folder.

3. Video Explorations

Real People . . . Real Places . . .

[Videos for the Semester](#)

So this week you should watch the short (29 min.) film *Taste of China, Part 2, "Food for Body and Spirit"*—the second film of a classic four-part series, *A Taste of China*—the film shows **how in traditional Chinese culture religion and food has *united* families for over a thousand years.**

“Food for Body and Spirit” visits a sacred Taoist retreat, high on Blue City Mountain in Szechuan Province, China.

Taste of China, Part 2,

▶ “Food for Body and Spirit”

(29 min, 1984)

[Online Access](#)

[click ↑ here]

(use with [VPN](#) if you need to)

[course viewing guide](#)



Next week we'll have a look at another film as part of a
“controlled comparison” involving . . .
—**Chinese : Buddhism : Food**
in China and Malaysia


In **“Food for Body and Spirit”** we have a look at a Chinese Taoist temple and Buddhist Slow Food and Locavorism which has a thousand year history . . . and we see **how food holds Chinese culture together. . . .**

Next week, in *The Pig Commandments*, we'll see **how food tears apart** a major segment of Chinese culture in Malaysia.



Have a look at . . .

"Extreme Cuisine" Short Video clips

<https://canvas.umn.edu/courses/184152/assignments/1112409> 

"Eating Rat at the New Year" 

"Eating Live Octopus" 

"Eating Bats" 

"Eating Insects" 

[click  here]

4. This Week's Slides

[Class Slides for the Semester](#) 



Catch up on slides for Midterm Exam . . .

“Orientation”

(.pptx) [🔗](#)

“Main Characteristics of Anthropology”

(.pptx) [🔗](#)

"Other Important Terms"

(.pptx) [🔗](#)

“Units of Analysis”

(.pptx) [🔗](#)

“Units of Analysis”

(.pptx) [🔗](#)

[click [↑](#) here]

5. Readings for the Week

[Readings for the Semester](#) [🔗](#)

- **Eating Culture, Second Edition, Gillian Crowther**
 - CHAPTER FOUR: COOKS AND KITCHENS
- **Omnivore's Dilemma, Michael Pollan**
 - (Review)
- **The Language of Food, Dan Jurafsky**
 - Ch. 2 "Entrée"
 - Ch. 3 "From Sikbāj to Fish and Chips"

6. Other Assignment Information

[Main Due Dates](#)

[Calendar](#)

Week 5 Calendar

REM: Links on screenshots are not "hot" (active)

The screenshot shows a course calendar interface with a sidebar on the left containing 'Courses', 'Calendar', 'Inbox', and 'Help'. The main calendar area displays dates from 27 to 3. Annotations include:

- A yellow arrow labeled 'Readings' pointing to the '8:01a AF Wk 5 Readings' event on Tuesday, 28.
- A blue arrow labeled 'Live Chat' pointing to the '7p (optional) AF Wk 5 Live Chat: Picking a Project Topic' event on Wednesday, 29.
- A yellow arrow labeled 'Discussion' pointing to the 'AF Wk 5 Discussion: Anthropophagy' event on Sunday, 3.

Below the calendar, two live chat sessions are listed:

- Live Chat**
Tuesday 7:00 – 8:00 p.m.
- Midterm Live Chat**
Sunday 7:00-8:00 p.m.

REM: Your Class Project



Demosthenes Practising Oratory (1870)

[Details of Presentation](#)



Charles Dickens (1842)

[Details of Term Paper](#)

Think about how you might put together a more formal Abstract and a Working Bibliography after you take the exam next week. It is due Friday, 9 October 2020).

Midterm Exam Next Week

The midterm exam (will be available **Next Week, 5-9 October 2020**). A good activity to start your review would be looking over Ch. 1, “Setting the Anthropological Table”, the slide sets (see above), and the “What’s Happening?” weekly memos. And, of course, focus on the **Study Questions**.

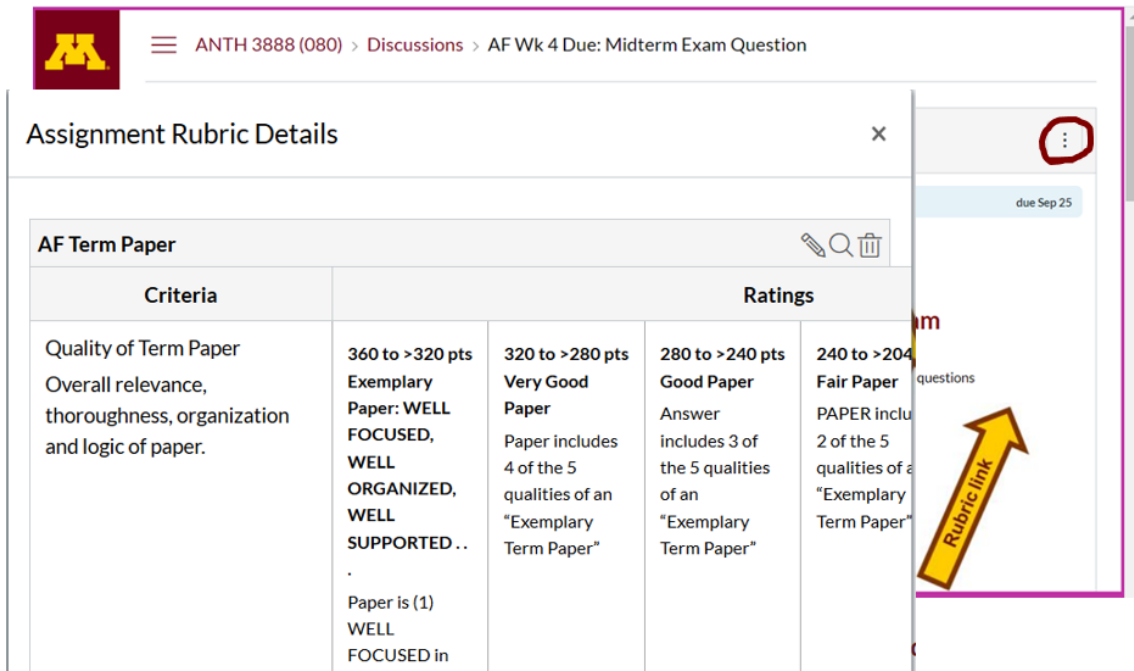
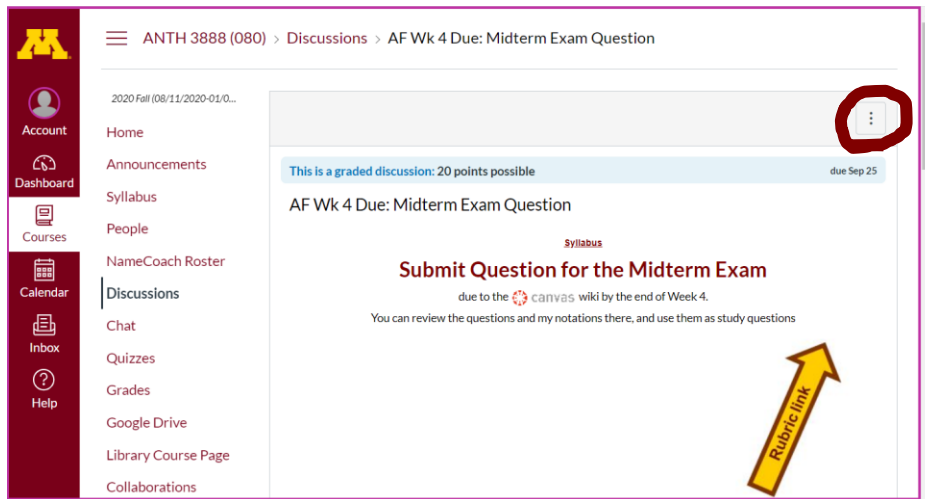
When the Study Questions are available—and that will be shortly—use the annotated questions from the assignment of last week as

your study questions. They will be at

https://canvas.umn.edu/courses/184152/discussion_topics/710128

[click ↑ here]

NOTE: To see the details of the **Exam Question Rubric** click on the pull-down menu in the upper-right-hand corner of the Assignment . . .



As I mentioned last week and the week before, be sure to **focus on the *ideas* and main concepts, and differing points of view**, and do not be preoccupied with only trying to memorize facts and assorted pieces of information.

Other **Information on the Midterm Exam** is available at . . .

Midterm Exam General Information 

<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html>.

[click  here]

The List of Readings for the entire semester could also be a handy reference when reviewing the readings for the exam:



([link](#)) 

[click  here]

Catch Up

This week take a little time to catch up . . .



After the Exam . . .

we'll spend much of the rest of the semester (up until it we look at your **Research Project**) examining how people get their food in nonindustrial and industrial cultures, and in exploring the social, corporeal, sacred, psychological, political, economic, and cultural aspects of food —that's the holistic anthropology approach (you remember that from Week 1).

In short, after the Midterm Exam,
“Food and Culture”
will be our focus.

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.

Discussion Topic

Anthropophagy

For Fun Food Trivia for the Week . . .

#1

“If you had to eat a human to survive, which body part should you pick first?”



[Answer](#) 

#2

“What religious food prohibitions do Buddhists have?”



Buddhist monks and nuns praying in the Buddha Tooth Relic Temple of Singapore
Wikimedia




“Food for Body and Spirit”

[Answer](#) 

If you have any **questions or comments** right now, please do not hesitate to post them on the  canvas “Discussions”, or e-mail troufs@d.umn.edu, or ZOOM <https://umn.zoom.us/my/troufs>  (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs/>> 

<<https://umn.zoom.us/my/troufs>> 

<[other contact information](#)> 